



# The Trinity Window

TRINITY UNITED METHODIST CHURCH, 903 FOREST AVENUE, HENRICO, VA 23229

March 2017



## Pastor's Corner

*"By the sweat of your face you shall eat bread until you return to the ground, for out of it you were taken; you are dust and to dust you shall return." Genesis 3:19*

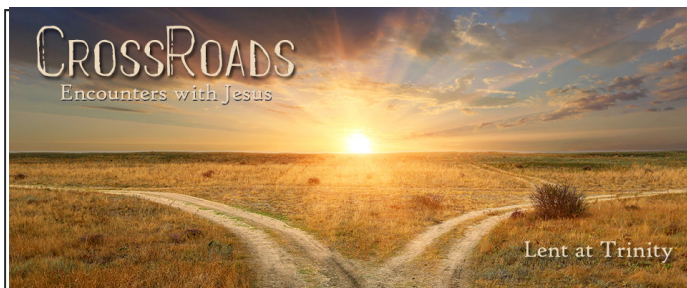
Ash Wednesday is a powerful and important day. It is the day that we enter into our Lenten disciplines. (This year at Trinity we have changed things a bit in an effort to avoid more repetition and add focus and intentionality. See the articles in this *Window*.) And on this day when we enter Lent we focus on our own mortality. *You are dust and to dust you shall return*. This is a statement of fact whether we like it or not – we are mortal. But this acknowledgment leads us to a greater truth – our need, our total dependence on Jesus Christ for true life, eternal life. Lent should lead us into a closer relationship with Christ.

The imposition of ashes (the ashes from the burnt palms of last year's Palm Sunday) is a striking and visible witness. Ash because we are dust. In the form of the cross because we depend on Christ. This year we will again observe Ash Wednesday with the imposition of ashes at services at **noon** and at **6:45 PM**. I hope that you will be able to be present.

This year we will be adding an additional opportunity. I am aware that some working folks are unable to be present for either service. I am also aware that for many more, they are able to be present for the later service, receive ashes and then return home and remove their ashes shortly thereafter. Our Ash Wednesday ashes are a silent, but powerful witness. With them we silently confess and proclaim that we are practicing Christians in a world where that can no longer be assumed (as if it ever could.) Therefore this year we are offering **Ashes, Blessing and Coffee**. It will be available at the drive-through in front of the Welcome Center steps **7:00-8:00 AM** on Ash Wednesday, March 1. Drive up, receive your ashes, receive a blessing and we will get you a cup of coffee. This is another attempt to take the church into the world.

Whatever your observance may be I invite you to take Lent and your spiritual disciplines very seriously. It is in this way that we are able to participate in the depth of our Lord's Passion and the power of his Victory at Holy Week. I wish for you a meaningful and holy Lent.

Blessings,



## Lent at Trinity

Tuesday, February 28: 5:30 PM Shrove Tuesday  
Wednesday, March 1: 7-8 AM Ashes, Blessing & Coffee  
Noon & 6:45 PM Ash Wednesday Services

### Encounters with Jesus:

March 5 - Matthew 4:1-11, Jesus & Satan  
March 12 - John 3:1-17, Jesus & Nicodemus  
March 19 - John 4:5-42, Jesus & the Samaritan Woman  
March 26 - John 9:1-41, Jesus & the Blind Man  
April 2 - John 11:1-45, Jesus, Lazarus, Mary & Martha  
April 9 - Matthew 21:1-11, Jesus & Jerusalem

### Holy Week:

Sunday, April 9: Palm Sunday  
Thursday, April 13: 7:30 PM Maundy Thursday Service  
Friday, April 14: 7:30 PM Good Friday Tenebrae Service

### Easter Sunday, April 16:

6:30 AM: Sunrise Service  
8:00 AM: Traditional Celebration (*note time change*)  
9:30 AM: Modern Celebration  
11:00 AM: Traditional Celebration  
Noon: Easter Egg Hunt

*Remember to bring fresh cut flowers to decorate the cross!*

# Trinity Adult Ministries

## Shrove Tuesday Pancake Dinner



## Shrove Tuesday Pancake Supper, February 28, 5:30 PM

On Shrove Tuesday (Mardi Gras), we're hosting a Pancake Supper in Trinity Hall! The meal is free, but donations will be accepted.

That's not all: U-of-R fan favorite Tyler Hart will emcee our celebration which will include games, New Orleans music, and a baked good auction to benefit Haiti missions. Come bid on creations by legendary Trinity bakers like Lane Dickinson, Betsy Pike, Pat Ruscus, Karen Stanley, and more!

Throughout the evening, we'll also share in the long-lost church tradition of the *Feast of Fools*: silly songs, skits, and stories from your own sisters and brothers here at Trinity UMC. You don't want to miss: the messiest ice cream skit ever, the power ballad sing-along with Bryce and Drew, the Trinity coup d'etat, and more!

Get your fix of sugar and silliness before the solemn fasts of Lent begin!



## Wednesday Night Encounters

Throughout Lent, following the Wednesday Fellowship Night dinners, join us for a new experience of worship and fresh Encounters with our living Lord. We'll use blues music, bold

questions, heartfelt conversations, and holy communion to wrestle with the life-changing decisions at the core of this season.

Lenten Encounters for all ages, Wednesdays in Trinity Hall, 6:20-7 PM.

## Pub Theology



A special thanks to everyone who has been attending Pub Theology sessions. Our next gathering will be held on **Tuesday, March 14** from **6:30-8:00 PM** at **Ardent Brewery** in Scott's Addition (3200 W. Leigh St. Richmond, VA 23230). Trinity's ministers will hold forth and field questions. What a great opportunity to invite your unchurched friends!



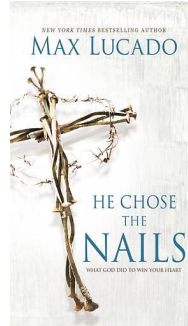
## Ash Wednesday Drive-By

Wear the ancient sign of your faith all day: between 7-8am on Ash Wednesday, March 1, drive by Trinity's front doors to receive ashes on your forehead!

Pastors Larry and Drew will be outside and out front on Trinity's front steps bestowing ashes, blessings, and free coffee for anyone who stops by.

Start your Lenten journey this year with this fresh expression of faithfulness. See you bright and early!

We will then continue with a worship service in the sanctuary at 12 noon and at 6:45 PM which will include the imposition of ashes.



## Announcing a Lenten Bible Study

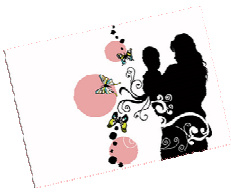
Come join us as we explore the symbols of Christ's crucifixion, revealing the claims of the cross. We will meet in room 317 for five Sundays during Lent: March 5, 12, 19, 26 and Sunday, April 2, from 7 – 8:30 PM, led by Milt Burton. Cost of the books is \$10.00. Register with Judy Oguich by

Wednesday, March 1.

## Devotionals Available during Lent

**For Adults:** Move toward the cross of Christ this Lent with Frederick Buechner, one of the greatest Christian theological minds of our time. Each day of Lent, thought-provoking quotes from Buechner's beloved works are paired with insightful reflections by biblical scholar Martin E. Marty, accompanied by Bible readings and prayers. We trust this devotional will draw you ever closer to the very heart of Christ the crucified. These devotionals will be available starting Ash Wednesday, March 1.

**For Children:** On March 5, the Nursery 3 through 5<sup>th</sup> grade kids will receive Lenten Devotionals in their Sunday School classes. Nursery 3 and 4 will receive the "Count-up-to-Easter Activity Card" with stickers. Kindergarten and 1<sup>st</sup> grade will receive "ASK, SEEK, FIND" booklet with 40 Devotions. 2<sup>nd</sup> through 5<sup>th</sup> grade will receive "Look to the Lord" a 3D journey through Lent. Extra copies will be available in the Welcome Center. If you have questions, contact Leila Denton, [ldenton@trinityumc.net](mailto:ldenton@trinityumc.net).



**A Call to Prayer & Self Denial  
Abundant Health for Women & Children**

**Tuesday, March 14 at 10:45 AM  
Service in Chapel**

**Reception in Parlor 10:15 – 10:45 AM**

Guest Speaker: **Rev. Kendra Grimes**, Chaplain at Randolph-Macon College.

The Call to Prayer is an annual observance during which members and friends reflect on the gospel of Christ, pray together, and make an offering to mission with women, children and youth in response to God’s love and grace. Our 2017 offering funds programs and partners that support women and children’s health. From the collected offering, 100% will go directly to partners engaged in programs and advocacy to benefit women and children.

**Celebrate at Cedarfield!**

Please join our ministers at Cedarfield on Tuesday, March 28 at 3:30 PM in the Health Center Great Room for fellowship and worship as we visit Trinity members residing at Cedarfield. Contact Lane Dickinson to volunteer or for more information ([lanedickinson@yahoo.com](mailto:lanedickinson@yahoo.com) or 754-8110).



**Bishop’s Convocation on Prayer**

Bishop Sharma Lewis will host a Bishop’s Convocation on Prayer on **Saturday, April 1**, at

Trinity. The Rev. Juanita Rasmus, co-pastor of St. John’s United Methodist Church in Houston, Texas, will be the plenary speaker for the convocation. Registration is already open. The fee is \$10 and participants will get to choose two workshops to attend.

Workshops on a variety of topics are being offered as part of the convocation.

To register or view the brochure go to:

<https://www.eiseverywhere.com/ereg/index.php?eventid=224486&>

**SING - PLAY - SEE - HEAR**

Do you have a secret talent that you are ready to share? Do you find yourself thinking of doing more at Trinity. Well, the modern worship team is expanding and there's a spot for you! Don't worry, the worship team is more than just the music. Here's what it consists of:

**SING:** If you'd love to sing alone or in a large group, we have a spot for you. (You don't have to sing on a microphone alone.)

**PLAY:** If you play piano, drums, guitar, flute, violin, or any type of instrument we have a spot for you! (ALL proficiency levels welcome!!!!)

**HEAR:** If you have an ear for detail and a knack for technology, think about joining the sound team. (Training is available!)

**SEE:** Are you a visual person? We have a place for you on the media team. (Training is available!)

If you'd like more info please contact Jay Johnson, Modern Worship Leader, by email ([jjohnson@trinityumc.net](mailto:jjohnson@trinityumc.net)) or in person after service. There's something for everyone! Can't wait to hear from YOU!!!!

**Questions/Recommendations/ Suggestions**

In the last Town Hall meeting of 2016, there was some discussion about how to direct questions or make recommendations/suggestions to the Trinity Staff. There are several options: send an e-mail, place a phone call, leave a note in the mailbox of the staff member in the Church Office, or make a request to meet in person. Our staff looks forward to interacting with you.



**Young at Heart  
Thursday, March 23  
2 – 3:30 PM, Mastin Room**

Come join Young at Heart for a virtual trip around Richmond to examine the significance of our monuments! With over 150 monuments, Richmond ranks among the nation’s best cities in devotion to its past, its leaders and its famous citizens. Our program will be led by Bob Layton, a local Richmonder who has authored a book, Discovering Richmond Monuments, A History of River City Landmarks Beyond the Avenue. Refreshments will be served. All are welcome!

# Children At Trinity



## Mission Kids

Mission Kids are kids in 1<sup>st</sup> -5<sup>th</sup> grade who are interested in mission and service. We have been busy with lots of activities. Join us!

**March 5** – 3:30 – 6 PM - Field Trip to Central UMC Kids Club to play games and share dinner.

**March 26** – 5:00 PM meeting in Room 300 - prep for future Field Trips

**April 2** – Field Trip

**April 30** – Noon to 3:15 PM - Field Trip to Shalom Farms

For questions or concerns contact Leila Denton at 288-6057, ext. 208.



## Children helping Children Children's Lenten Mission

The theme of this Lenten season is "Seeds of Resurrection", so we have decided this year that the Children's Lenten Offering will support Shalom

Farms. Children will be asked to bring in work gloves and gardening hand tools. A flier will be sent home through Sunday School on March 5 which will detail all the information. Sunday School classes will collect for 4 weeks, beginning March 12. We encourage Nursery 4 – 5<sup>th</sup> grade children to participate.



**March 24**  
**5:30 to 9 PM**

Children in kindergarten – 5<sup>th</sup> grade join us for this great night filled with glow-in-the-dark games, making neon slime, pizza, movie, flashlight tag and much, much more. For more details and to sign up click:

<http://bit.ly/NeonNightforKids> .



## Palm Waving Children on Palm Sunday, April 9

Children will be invited to wave Palms at all the worship services on Palm Sunday. Look for more details to come.



## Preschool and Elementary Easter Egg Hunt Easter Sunday, April 16

The **NEW** event will be held on the front Lawn right after the 11 AM Worship service. Register children before Friday, April 14 by bringing in a dozen stuffed allergy friendly (no nuts, no dairy, no chocolate) with the eggs taped together so they will not open, with child's name and age/grade attached to them. Eggs are to be dropped off in the box outside Leila Denton's office. If you have questions, contact Leila Denton at [ldenton@trinityumc.net](mailto:ldenton@trinityumc.net) .



## To Trinity Servants

**GOD LOVES YOU!** Who taught you about God's love and helped you to grow in your faith? **Can you make a difference**

**in the lives of Trinity's children? Yes you can!** Trinity's Education Committee is gearing up for the 2017-18 Sunday School year! You can choose to teach all year or a quarter teaching session (1st Quarter-Sept.-Nov., 2nd Quarter-Dec.-Feb. or 3rd Quarter March-May). OR if you prefer spending time with our little ones, we have nursery and toddler positions open which run on a weekly schedule rather than quarterly. Come see us in Connection Alley on **March 12, March 19** and **March 26** to sign up to help and have your name entered in a drawing for great prizes. If you have questions or wish to reserve a servant position, contact the Recruitment Team; Carrie Jared, Jenny Murphy or Ann Vaughan at: [trinityumceducation@gmail.com](mailto:trinityumceducation@gmail.com).

# Children At Trinity

## Kindergarten Bibles

Attention Kindergarten children and families – save the date! The Children’s Ministry Team is proud to host the annual Kindergarten Bible Ceremony and Reception on **Sunday, May 21**, at 9:30 AM in Trinity Hall. An invitation with details and an RSVP card will be arriving in the mail. Our appreciation and thanks go to the McClure Bible Study class for the gift of these beautiful Bibles. Please contact Denise Lombardi or Lisa Hart ([deniselombardi@comcast.net](mailto:deniselombardi@comcast.net) or [lisahhart@msn.com](mailto:lisahhart@msn.com)) with any questions or if you do not receive your invitation. We look forward to celebrating with you!



## Children’s Summer Mission Trip June 24 - 27

Mission Kids (1<sup>st</sup> - 5<sup>th</sup> graders) and their parents are planning a 4 day (3 night) Mission Trip this year from **Saturday, June 24 through Tuesday, June 27**. Feel free to contact Leila Denton [Ldenton@trinityumc.net](mailto:Ldenton@trinityumc.net) with questions or to sign up. Parent participation in the planning will be critical for the success of this summer’s trip.



## Board Games

### New and Exciting for 9:30 Summer Sunday School!!!

Come join the fun as we see how board games can teach lessons from the Bible. Just like there are rules for playing each of these games, God has given us specific rules for how we are to live. We will explore “Games You Should Play” and “Games You Shouldn’t Play.” We have already begun to brainstorm ways to engage the kids, but we want your ideas, too. Please contact Leila Denton [Ldenton@trinityumc.net](mailto:Ldenton@trinityumc.net) if you wish to be a part of the summer planning fun.



## Mark Your Calendar Vacation Bible School July 10 – 14, 9AM – Noon

Experience the Thrill of Visiting an Underground Church!

Explore a crowded Roman marketplace, tiptoe past watchful Roman guards, race chariots, encourage first-century Christians who meet in a dark cave, and visit Paul for daily discoveries about God’s love. We are very excited to announce our new VBS Directors for this summer: Jan Benton, Krystal Hawke and Natalie Russell.



## Super Souper Bowl

Thanks to the generous contributions of the congregation and the hard work of the Mission Kids and parents we were able to raise over \$1400 on “Souper” Bowl Sunday. Thank you to everyone for such generous support. Mission Kids will use the proceeds to support Sherbourne UMC food pantry and provide meals for Central UMC Kids Club and CARITAS.

# Youth At Trinity



## Spring Retreat at Camp Willow Run

We will be returning to Camp Willow Run again this year for our Youth Spring Retreat. This is going to be a fantastic trip filled with a lot of fun activities (Giant Swing/Rock Climbing), as well as in depth spiritual formation. This weekend's programming will focus on our "Rites of Passage", the time between who we were and

who we become. Your Youth will not want to miss this amazing opportunity to grow in faith and fellowship. The cost is \$100, and pays for everything the entire weekend. Departure from Trinity will be Friday March 24, at 5:00 PM. We will return on Sunday March 26, at 12:00 PM.

## Dates to Know

- February 28 Shrove Tuesday Pancake Dinner/  
Feast of Fools
- March 1 Deadline for Mission Trip Deposit
- March 2 Deadline for sign up for Spring Retreat
- March 19 Volunteer Thank You Dinner
- March 24 Spring Retreat

## Weekly Happenings

- Sunday Nights  
5-6:30 PM: Worship and Fun
- Wednesday Night Dinner  
5:30-6:30 PM
- Encounters with Jesus  
Wednesday Nights following Dinner,  
Led by Drew Willson

## February in Review

- \* We started off the New Year with an emphasis on friendship with our TV Game Night theme. Every Sunday evening we focus on a different Game Show that highlights the importance of developing intimate relationships among friends.
- \* A small group of students attended a trip to Blacksburg, VA to learn more about social justice and the importance of love. This time spent learning about different ways to #LoveJusticeDoMercy gave us a new perspective on what we can do in our community.
- \* On February 18, a group of youth met at Sunset Lanes to help residents of the Virginia Home to enjoy an afternoon of bowling!

## Trinity Foundation Scholarships

The Trinity Foundation is pleased to announce that it will offer scholarships again this year to Trinity members for undergraduate and graduate studies. Applications are now available in the Welcome Center and online at [www.trinityumc.net/scholarships](http://www.trinityumc.net/scholarships). Completed applications must be returned to the church office by noon on Friday, March 31. These scholarships are made possible because families and friends have established scholarship funds through the Trinity Foundation.

# Serve Opportunities

## 2017 Lenten Easter Mission Offering: Seeds of Resurrection

Gardeners, farmers, and any people of faith know this about winter: no matter how long the dark nights or how frozen the earth, it's never the end of the story.

Our faith story began in a garden in Genesis. It reached a breaking point in the garden of Gethsemane. It found new life in the garden of Easter resurrection. And it will conclude in the middle of the city, in a garden where the leaves of the tree are for the healing of the nations.

Though the 2017 Lenten Easter Mission Offering begins in winter, we know that we are planting seeds of resurrection for the seasons to come. Through your generosity, last year's Mission Offering brought \$34,000 to be planted in mission efforts from Forest Avenue to Africa, from Henrico to Haiti and Honduras, from Richmond to Eurasia. Thank you, and thanks be to God!

We celebrate the opportunity to give again through the 2017 Lenten Easter Mission Offering. In a wintry world, may our generosity be a source of faith and healing for the nations!

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## World Day of Prayer

Church Women United will celebrate World Day of Prayer at Fifth Baptist Church, 1415 W. Cary Street, at 10:30 AM Friday, March 3. World Day of Prayer comes to us from the Philippines with the title "Am I Being Unfair to You?" This topic explores concepts of economic justice both in the Philippines and around the world and our response in light of God's generosity. Read Matthew 20:1-16. Mary Hetzel spoke about her roots and the Micah Initiative at the February 3<sup>rd</sup> CWU meeting. The Micah Initiative, a ministry of Richmond Hill, is a vibrant network of 125 faith communities that mentor, tutor, and volunteer in each of the Richmond Public Elementary Schools so that every child believe, "I am valuable."

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## Literacy Teams

Trinity volunteers encourage our lowest performing students in grades K and 1 to learn to read through the weekly **Literacy Team Program** at Oak Grove. Title 1 Reading Teacher Jessica Carpenter and Communities in Schools Site Coordinator Mary Valenza supervise our work. Trinity's involvement at Oak Grove is continual, but then the needs are also continual. When you help a young child in school, you help the whole family. We are seeing great success with some of our students. The Micah Initiative is a ministry of presence and encouragement.

To get involved, contact Mary Hetzel at 282-5872.

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## Denim Drive/Clothing Donations for Tuckahoe Middle School

Do you have any out dated, ill fitting or worn out jeans? If so, Henrico County Public Schools will hold its Denim Drive on April 22 and 23 at Regency Square, with cash prizes going to those schools who donate the most denim. There will be a bin located in Mission Central, near the church office. Please leave any denim you would like to donate by Friday, April 21 and it will be delivered to the event for Tuckahoe Middle School.

Another way to support the school is by donating gently used shoes and clothing to the white "Clothing and Shoes" bin on the campus of the school, which is located at 9000 Three Chopt Road. This is an ongoing fundraiser in which the school participates. The bin is located at the base of the bus ramp, and each month, the school receives a check for 10% of the weight of clothing. (300 pounds of clothing yields a check of \$30 to the school.)

Thank you for your consideration of these two projects as we extend our reach to this school. If you have any questions regarding either project, contact Teresa Given at [tdagiven@gmail.com](mailto:tdagiven@gmail.com).



## Gifts to Trinity

Gifts were received at Trinity for:

In memory of *Mr. Stephen Burnett* to *Trinity Foundation Memorial Fund*

In memory of *Mr. Marshall McCabe* to *Trinity Foundation Memorial Fund*

In memory of *Mr. Marshall McCabe* to *Trinity Foundation McClure Scholarship Fund*

In memory of *Mrs. Ruby Chappell* to *Trinity Foundation Memorial Fund*



## Joys and Concerns

### Birth

*Jena Anne Hillsman* born on December 21, 2016 to *Jessica and Jimmy Hillsman*. Her grandparents are *Anne and Bill Pollard*, and her great-grandfather is *Newman Ogden*

### Baptisms

*Daisy Brooks, Caroline Berlin*

### New Members

*Bryce Miller*

### Our sympathies to...

*Carolyn Ramsey* whose uncle *Jim Capps* died  
February 10

*The family of Marshall McCabe* who died January 29  
*Betty Allen* whose daughter *Dale Allen-Lawlor* died  
January 28

*Bernard Jones* whose brother *Frank Jones, Jr.* died  
January 18

*Millie Beverage* whose sister *Sue Sullenberger* died  
January 15

*Philip Marriott* whose mother *Helen Marriott* died  
December 30

## Face of a Child News

Our Face of a Child Project is back up and running! Please come by Room 302 at 10:30 AM on Sundays and select a child, be an answer to their prayers and show the love of Jesus to them. Sweatsuits and sturdy sneakers are the big items they need this year.

Zip-Loc bags will be provided--NO Backpacks this year. Shop for your child, fill the bags with the requested items and return the bag to Mission Central Closet on Sundays up through March 19. This is a great family project to do with your children. Because of the expense, I encourage you to get bridge groups, covenant groups, book clubs, SS classes, or any other groups to help out and share. You keep one of the 2 pictures as a reminder to pray for your child throughout the year.

Thanks for your faithfulness over the 15 years we have been doing this!

Call Jo Lewis for more information at 784-4370.

May God richly bless you as you are blessing to these children.



## Hermitage News

The Country Store was recently remodeled and the merchandise has been reorganized and presented in a more upscale manner. Many items have been sent to

"Suits for Boots" which helps veterans re-enter the workforce. In December \$3,130.25 was taken in and a profit of \$3,549.15 was made in January. Don't miss the coming dates where you can wonderful items at remarkable prices: March 24, and April 28.



## We're Saving Lives

Sunday, April 9 is our next Blood Drive from 8 am – 12:30 pm in Trinity Hall, presented by Virginia Blood Services. When you take time to donate blood, you help save the lives of critically ill infants, cancer patients, and accident victims.

Sign up at <https://donateblood.vablood.org> or through Mary Hetzel 282-5872 or [hetzelmary@comcast.net](mailto:hetzelmary@comcast.net). VBS sends technicians based on our confirmed appointments. Best Practices for donors includes a protein-rich breakfast and ample hydration. Once again, Chef Ronnie Johnson's Breakfast Bistro Café will offer you a choice of egg sandwiches with cheese, bacon, or sausage on an English muffin at a minimal cost.

## Save the Date



CARITAS will be returning to Trinity between the date of **May 6-20,**

**2017.**

More information and sign up sheets will be coming in April.



# Flower Tribute at Easter

Easter is a time when we choose to honor and/or memorialize loved ones by listing their names in the bulletin on Easter Sunday morning.

The cost to have a tribute "in honor of" or "in memory of" listed in the Easter Sunday bulletin is \$20.

The funds received will be used to offset the cost of flowers used to decorate the sanctuary and foyers on Easter Sunday. Monies received above the cost of the flowers will be donated to Missions at Trinity as part of our Lenten Easton Mission Offering (LEMO).



In order to have your tribute printed in the Easter Sunday bulletin, the deadline for receiving your contribution is MONDAY, April 3.

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*Place this form in the offering plate*



Attached is my donation in the amount of: \$ \_\_\_\_\_



Please list the following tribute in the bulletin on Easter Sunday:

In Honor Of: \_\_\_\_\_

GIVEN BY: \_\_\_\_\_

**AND / OR**

In Memory Of: \_\_\_\_\_

GIVEN BY: \_\_\_\_\_



Donor's Printed Name and Phone #: \_\_\_\_\_

\_\_\_\_\_

**TRINITY'S STAFF IS HERE TO SERVE YOU**

Please call us directly by dialing **288-6057**.

- Larry Lenow, Pastor - 204  
(e-mail address: llenow@trinityumc.net)
- Drew Willson, Associate Pastor - 205  
(e-mail address: dwillson@trinityumc.net)
- Bill Pike, Director of Operations - 211  
(e-mail address: bpike@trinityumc.net)
- Jody McWilliams, Minister of Visitation  
(email address: mcwilliams8@verizon.net)
- Judy Oguich, Minister of Adult Ministries - 206  
(e-mail address: joguich@trinityumc.net)
- Bryce Miller, Youth Director - 207  
(e-mail address: bmiller@trinityumc.net)
- Leila Denton, Director of Children's Ministries - 208  
(e-mail address: ldenton@trinityumc.net)
- Charles Staples, Director of Music Ministries - 209  
(e-mail address: cstaples@trinityumc.net)
- Jay Johnson, Modern Worship Leader - 214  
(email address: [jjohnson@trinityumc.net](mailto:jjohnson@trinityumc.net))
- Paula Cadden, Office Administrator - 201  
(e-mail address: pcadden@trinityumc.net)
- Diane Ladd, Financial Secretary - 203  
(e-mail address: dladd@trinityumc.net)
- Kim Tingler, Membership/Publication Secretary - 202  
(e-mail address: ktingler@trinityumc.net)
- The Kitchen - 215
- Trinity Pre-School 288-6058  
(email address: preschool@trinityumc.net)
- Office Fax # 282-3368



**Thank You Notes**

To my friends at Trinity,

I wanted to thank our Trinity family for your prayers, support, meals, and visits to St. Mary's during my recent emergency open heart surgery. The McPhail family truly appreciates the Trinity community.

**Steve, Joey, Kaleigh, and Meghan**

Thanks!

On Saturday, February 11, Trinity was a busy place: Upward basketball, a wedding and reception, followed by two Stewardship breakfast meetings and the annual Boy Scout luncheon on Sunday. Busy days like this depend upon people helping out with the logistics and setup on both days. We appreciate the assistance from our congregation, Upward volunteers, and the Trinity staff in the coordination of these events. Without this help, these events would not have been successful.



**Aerobics & Yoga**

**AEROBICS** *Aerobics in Trinity Hall is offered every Tuesday at 10:15 & Thursday at 10:30.*

This gentle, low-impact aerobics class is suitable for both beginners and seniors. It includes 30 minutes of safe movements designed to build cardiovascular strength, and 25 minutes of exercises to tone, strengthen and stretch the muscles while sitting in chairs. For more information call Candace who teaches the class at 475-1084.

*Mixed-level Yoga is offered every Thursday morning from 8:30-10:00 in Room 321.* Practicing yoga helps improve strength, flexibility, balance and posture. Yoga also helps reduce stress while bringing awareness to the breath.

*Chair Yoga is offered every Monday and Wednesday at 3:00 in Eaton Hall.* This class is practiced while sitting in a chair and standing. The class includes breath work, gentle stretches & range-of-motion movements of the joints, and standing poses to improve balance and muscular strength.

For more information contact Toni Halstead at 512-5291 or [yogamom52@att.net](mailto:yogamom52@att.net).

**Our Stewardship**

*"We will be loyal to the United Methodist Church and uphold it by our prayers, our presence, our gifts, our service, and our witness."*

**Our Presence:**

Day	1/29	2/5	2/12	2/19
Worship Service	530	533	529	475
Sunday School	359	411	398	333

**Our Gifts as of January 31:**

Projected income to date:	\$ 1,008,620
Actual income year to date:	\$ 984,729
Excess (-shortfall)	-\$ 23,890

**NEWSLETTER DEADLINE**

The deadline for the next Window is **Monday, March 20, at 4 PM for events taking place in April.** Articles may be submitted prior to the deadline, and we encourage early submissions. Articles must be submitted in writing with the contact person's name to Kim Tingler, [ktingler@trinityumc.net](mailto:ktingler@trinityumc.net).